

PHYSICAL THERAPY PROCEDURE CODES

For Services by Independent Physical Therapists, including Group Practices, Not in Rehabilitation Centers

INSTRUCTIONS FOR USE OF CODES AND EXPLANATION OF TABLE HEADINGS	2
AMPUTATION - LOWER EXTREMITY	3
AMPUTATION - UPPER EXTREMITY	3
AMYOTROPHIC LATERAL SCLEROSIS	4
ARTHRITIS	4
OSTEOARTHRITIS (DEGENERATIVE)	5
BELLS PALSY	5
BIRTH DEFECTS	6
BRAIN DAMAGE(other than Cerebral Vascular Accident)	7
BURNS	8
BURSITIS	9
CERVICAL RIB SYNDROME	9
CHEST SURGERY	10
CHRONIC OBSTRUCTIVE LUNG DISEASE	10
CVA - HEMIPLEGIA	11
DECUBITUS ULCER	12
DEGENERATIVE OR TRAUMATIC DISC DISEASE	12
EPICONDYLITIS	13
FRACTURED HIP	13
FRACTURE - LOWER EXTREMITY	14
FRACTURE - UPPER EXTREMITY	14
GUILLAIN-BARRE' SYNDROME	15
LYMPHEDEMA	15
MASTECTOMY	16
MULTIPLE SCLEROSIS	16
MUSCULO-LIGAMENTOUS STRAINS AND SPRAINS	17
MYOCARDIAL INFARCT	17
MYOSITIS	18
NEURITIS OR NEURALGIA	18
NEURODEVELOPMENTAL DEFICIT	19
PARAPLEGIA AND QUADRIPLÉGIA	20
PARKINSON'S DISEASE	20
PERIPHERAL NERVE INJURIES	21
RECONSTRUCTIVE HAND SURGERY	21
SCLERODERMA	22
SYRINGOMYELIA	22
THROMBOPHLEBITIS	23
TOTAL KNEE (FIRST TIME AND REVISION)	23
VARICOSE ULCER	24

Instructions for Use of Codes and Explanation of Table Headings

The list which follows describes physical therapy services covered by Utah's Medicaid program and conditions of coverage. The codes and procedures may be used only by physical therapists NOT associated with a rehabilitation center.

NOTES: Coverage and the prior authorization requirements apply **ONLY** for a Medicaid client (1) assigned to a Primary Care Provider or (2) not enrolled in a managed care plan. The list is updated by Medicaid Information Bulletins until republished in its entirety.

Below is an explanation of each column and codes on the table.

CODE	This is the State assigned Medicaid "Y" code.
COMMON DIAGNOSIS OR COMPLICATION	These are common accompanying diagnoses or complications
AGE	All means Medicaid covers the services from birth through any age.
TYPES OF PHYSICAL THERAPY	Lists approved therapies covered by Medicaid for the diagnosis.
PA	PA means P rior A uthorization. The entry of W means w ritten prior authorization is required by Medicaid.
COMMENTS	The average number of treatments and duration are stated. More than 10 treatment visits require written prior authorization.

The first ten visits are not prior authorized. All treatments beyond the first ten visits require prior authorization. Add a "GO" modifier with the Q0086 code when billing for occupational therapy.

AMPUTATION - LOWER EXTREMITY

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES OF PHYSICAL THERAPY	P A	COMMENTS
Q0086	<ul style="list-style-type: none"> Diabetes Peripheral Vascular Disease Neuroma Adhesions Infection Decreased range of motion Congenital deformity 	all	1) Stump healing management, i.e. bandaging, supervised whirlpool must be related to treatment goals, therapeutic exercise 2) Balance and coordination and strength-building therapeutic exercise, gait training 3) Prosthetic training, including strengthening, ROM, home environment evaluation equipment measurement and fitting	W	Average number of treatments: 24 Average duration of treatment: 3 months at every stump revision or new prosthesis Complications often interrupt treatment, extending duration of program. Stump shrinkage and abrasions may prolong or alter regimen as will stump revision or new prosthesis.

AMPUTATION - UPPER EXTREMITY

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES OF PHYSICAL THERAPY	P A	COMMENTS
Q0086	<ul style="list-style-type: none"> Adhesions Neuroma Contractures infection 	all	Prosthetic training, ADL, bandaging, therapeutic exercise	W	Average number of treatments: 20 - 24 Duration of treatments: 4 months

The first ten visits are not prior authorized. All treatments beyond the first ten visits require prior authorization. Add a "GO" modifier with the Q0086 code when billing for occupational therapy.

AMYOTROPHIC LATERAL SCLEROSIS

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
Q0086	<ul style="list-style-type: none"> Decreased range of motion muscular weakness respiratory problems peripheral and central nerve paralysis spasticity oral motor swallowing problems 	all	Exercise gait training, postural drainage, ADL, patient/family education, measurement and fitting for equipment, home environment evaluation, supervised pool and aquatic treatment must be related to treatment goals	W	<p>Average number of treatments: 30</p> <p>Average duration of treatment: 4 months</p>

ARTHRITIS (Gout, Rheumatoid, Osteoarthritis)

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
Q0086	<ul style="list-style-type: none"> Pain deformities ankylosing spondylitis (Marie- Strumpell's) contracture muscular weakness 	all	Therapeutic exercise, but virtually any modality. Gait training, ADL activities, supervised pool or hydrotherapy must be related to treatment goals, patient education, equipment measurement and fitting, home environment evaluation	W	<p>Average number of treatments: 30</p> <p>Average duration of treatments: 3 months</p>

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OSTEOARTHRITIS (DEGENERATIVE)

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> • Pain • obesity • osteoporosis • contractures • muscular weakness • joint instability leading to deformity • paresthesia 	all	Therapeutic exercise, gait training, ADL training, supervised pool or hydrotherapy, must be related to treatment goals, patient education	W	<p>Average number of treatments: 4 - 10</p> <p>Average duration of treatment: 2 weeks</p>

BELLS PALSY

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> • Pain • muscular weakness • paralysis • fibrosis oral motor pathology 	all	Infra red, electrical stimulation, hydrocollator packs, therapeutic exercise, massage, related to treatment goals, swallowing and feeding treatments	W	<p>Average number of treatments: 16</p> <p>Average duration of treatments: 6 weeks.</p>

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BIRTH DEFECTS

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> • Spina bifida • osteogenesis imperfecta • paraplegia • hydrocephalus • scoliosis • musculoskeletal deformity • osteoporosis • leg length discrepancy • muscular imbalance • decreased range of motion • gait deviation • muscular weakness • contractures • joint instability • kidney disease. • cerebral palsy • other genetic syndromes 	all	Therapeutic exercise, ADL, neurodevelopmental therapy, gait training, supervised hydrotherapy must be related to treatment goals, bracing, tilt table, adaptive equipment, kinesthetic treatment evaluation	W	<p>Average number of treatments: 60-90 (after each surgery)</p> <p>Average duration of treatments: 9 months -2 years</p> <p>Emphasis on independence in ADL's and gait, parent and patient education, progression of treatment related to neuro-developmental maturation and advancement.</p> <p>Initial treatment: intensive (Approximately two months after each surgery) then reducing frequency.</p> <p>* More deformity develops as bones grow at a faster rate than muscles causing muscle contractures and more gait disturbances-on going until growth is complete.</p>

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BRAIN DAMAGE
(other than Cerebral Vascular Accident)

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
Q0086	<ul style="list-style-type: none"> Anoxia, encephalitis meningitis aneurysm tumor clot hemorrhage hydrocephalus contusion concussion decreased range of motion muscular weakness decubiti incontinence infection perceptual deficit decreased balance spasticity confusion and disorientation ataxias athetosis 	all	Therapeutic exercise, neurodevelopmental therapy, ADL, gait training, bracing, patient and family education, home environment evaluation, equipment measurement and fitting, kinaesthetic treatment supervised pool and hydrotherapy must be related to treatment goals	W	<p>Average number of treatments: 48</p> <p>Average duration of treatments: 12 months</p> <p>This is a life altering insult. Emphasis is placed on both physical and mental healing to reintegrate the patient into society. Keep independent.</p>

The first ten visits are not prior authorized. All treatments beyond the first ten visits require prior authorization. Add a "GO" modifier with the Q0086 code when billing for occupational therapy.

BURNS

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> infection dehydration contractures pain muscular weakness surgery amputation disfigurement. 	all	Therapeutic exercise, massage, ultra - sound, debridement, supervised hydrotherapy must be related to treatment goals, bandaging, gait training, ADL, scar management, patient and family education	W	<p>Average number of treatments: 24</p> <p>Average duration of treatments: 2 months</p> <p>Initially acute until wound covering is achieved. Surface area and degree of burn will dictate concentration and duration of treatment.</p> <p>Many plastic revisions.</p>

The first ten visits are not prior authorized. All treatments beyond the first ten visits require prior authorization. Add a "GO" modifier with the Q0086 code when billing for occupational therapy.

BURSITIS

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> Decreased ROM pain muscular weakness 	all	ADL, therapeutic exercise	W	<p>Average number of treatments: 12</p> <p>Average duration of treatments: 1 month</p> <p>Decrease in range of motion often leading to contracture or "frozen" joint, which could lead to prolonged treatment.</p>

CERVICAL RIB SYNDROME THORACIC OUTLET SYNDROME SCALENUS ANTICUS SYNDROME

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> Pain and numbness in arm and hand neurological deficit muscular weakness decreased range of motion 	all	Therapeutic exercise	W	<p>Average number of treatments: 16</p> <p>Average duration of treatments: 6 weeks</p> <p>Home instruction important.</p>

The first ten visits are not prior authorized. All treatments beyond the first ten visits require prior authorization. Add a "GO" modifier with the Q0086 code when billing for occupational therapy.

CHEST SURGERY

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
Q0086	<ul style="list-style-type: none"> • Cancer • pacemaker • open heart surgery • atelectasis • pneumonia • bronchitis • congestive heart failure 	all	Breathing exercises, postural drainage, vibrations, percussions, therapeutic exercise, gait training, upper extremity range of motion, patient and family education, endurance	W	<p>Average number of treatments: 15</p> <p>Average duration of treatments: 1 month</p>

CHRONIC OBSTRUCTIVE LUNG DISEASE

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
Q0086	<ul style="list-style-type: none"> • Emphysema • bronchitis • asthma • pneumonia • atelectasis • cancer • sarcoidosis • bronchiectasis 	all	Postural drainage, vibrations, percussion, breathing and endurance exercises	W	<p>Average number of treatments: 15</p> <p>Average duration of treatment: 1 month</p>

The first ten visits are not prior authorized. All treatments beyond the first ten visits require prior authorization.
 Add a "GO" modifier with the Q0086 code when billing for occupational therapy.

CVA - HEMIPLEGIA

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> • Diabetes • peripheral vascular disease • decreased sensation • spinal cord injury • any other immobilizing disease or condition 	all	ADL, gait training modalities, evaluation, electrical stimulation, equipment evaluation and fitting, home environment evaluation.	W	<p>Average number of treatments: 30</p> <p>Average duration of treatment: 3 month</p> <p>Chronic This can result in a life altering insult. Emphasis is placed on physical and mental healing to reintegrate the patient into society.</p>

The first ten visits are not prior authorized. All treatments beyond the first ten visits require prior authorization. Add a "GO" modifier with the Q0086 code when billing for occupational therapy.

DECUBITUS ULCER

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> • Diabetes • peripheral • vascular disease • decreased sensation • spinal cord injury • any other immobilizing disease or condition 	all	Wound care, equipment evaluation, and fitting	W	<p>Average number of treatments: 36</p> <p>Treatment duration varies according to size and location of lesion</p> <p>Average duration of treatments: 4 months</p> <p>Physical therapy may be utilized intermittently.</p>

DEGENERATIVE OR TRAUMATIC DISC DISEASE

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> • Pain • decreased range of motion • numbness • muscle weakness 	all	Therapeutic exercise, gait training	W	<p>Average number of treatments: 18</p> <p>Average duration of treatments: 6 weeks</p>

The first ten visits are not prior authorized. All treatments beyond the first ten visits require prior authorization. Add a "GO" modifier with the Q0086 code when billing for occupational therapy.

EPICONDYLITIS

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> Pain decreased range of motion muscular weakness neurological deficit 	all	Therapeutic exercise	W	<p>Average number of treatments: 10</p> <p>Average duration of treatments: 2-4 weeks</p> <p>Prolonged treatment not indicated.</p>

FRACTURED HIP

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> Muscular weakness osteoporosis pain decreased range of motion infection thrombo-phlebitis osteomyelitis vascular necrosis 	all	Gait training, therapeutic exercise, supervised hydrotherapy must be related to treatment goals, tilt table, ADL, strengthening, increased ROM	W	<p>Average number of treatments: 30 (non - weight bearing) 16 (weight bearing)</p> <p>Average duration of treatments: 3 months (NWB) 6 weeks (WB)</p>

The first ten visits are not prior authorized. All treatments beyond the first ten visits require prior authorization. Add a "GO" modifier with the Q0086 code when billing for occupational therapy.

FRACTURE - LOWER EXTREMITY

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> muscular weakness edema thrombo-phlebitis infection osteomyelitis neurological deficit decreased range of motion 	all	Gait training, therapeutic exercise, supervised hydrotherapy must be related to treatment goals, tilt table, ADL, strengthening, increased ROM	W	<p>Average number of treatments: 20</p> <p>Average duration of treatments: 10 weeks</p> <p>The closer the fracture is to a joint, the greater the complication potential and subsequent intensity and duration of treatment.</p> <p>Fracture: ANKLE---16 treatments FEMUR---16 treatments</p>

FRACTURE - UPPER EXTREMITY

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> Decreased range of motion vascular insufficiency muscle weakness 	all	Therapeutic exercise	W	<p>Average number of treatments: 24</p> <p>Average duration of treatments: 2 months</p> <p>WRIST - 16 treatments</p>

The first ten visits are not prior authorized. All treatments beyond the first ten visits require prior authorization. Add a "GO" modifier with the Q0086 code when billing for occupational therapy.

GUILLAIN-BARRE' SYNDROME

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> • Pain • decreased range of motion • joint instability • muscular weakness • decubiti • contractures • respiratory difficulties • decreased endurance 	all	Therapeutic exercise, ADL, gait training, pulmonary hygiene, supervised pool therapy must be related to treatment goals, patient education, home environment evaluation, equipment measurement and fitting	W	<p>Average number of treatments: 24</p> <p>Average duration of treatments: 3 months</p> <p>Emphasis on instruction and teaching by the therapist to establish independence. This disease may be manifested in an acute or chronic syndrome.</p>

LYMPHEDEMA

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> • Pain • decreased range of motion • muscular weakness • edema 	all	Therapeutic exercise, equipment measurement and stockings or equivalent, ADL.	W	<p>Average number of treatments: 16</p> <p>Average duration of treatments: 6 weeks</p> <p>Emphasis on instructions in procedures to be used at home.</p>

The first ten visits are not prior authorized. All treatments beyond the first ten visits require prior authorization. Add a "GO" modifier with the Q0086 code when billing for occupational therapy.

MASTECTOMY

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
Q0086	<ul style="list-style-type: none"> • Adhesions • edema • muscular weakness • decrease in motion • peripheral nerve pressure • pain • shoulder-hand syndrome 	all	Equipment measurement or equivalent, therapeutic exercise pneumatic compression.	W	<p>Average number of treatments: 16</p> <p>Average duration of treatments: 6 weeks</p> <p>Emphasis should be placed on home program from hospital</p>

MULTIPLE SCLEROSIS

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
Q0086	<ul style="list-style-type: none"> • Limited range of motion • incoordination • imbalance • muscular weakness • spasticity • decubiti • pain • incontinence • ataxia 	all	Therapeutic exercise, gait training, ADL, supervised pool or hydrotherapy must be related to treatment goals, equipment measurement and fitting, home environment evaluation	W	<p>Average number of treatments: 30</p> <p>Average duration of treatments: 4 months Used intermittently as indicated by exacerbation and remission.</p> <p>Therapy for this diagnosis should be directed toward supervision and home program construction.</p>

The first ten visits are not prior authorized. All treatments beyond the first ten visits require prior authorization. Add a "GO" modifier with the Q0086 code when billing for occupational therapy.

MUSCULO-LIGAMENTOUS STRAINS AND SPRAINS

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> • Pain • decreased range of motion • muscular weakness • spasm • fracture 	all	Therapeutic exercise, gait training, bracing, bandaging	W	<p>Average number of treatments: 12</p> <p>Average duration of treatments: 1 month</p>

MYOCARDIAL INFARCT

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> • Thrombo -phlebitis • arteriosclerotic heart disease • hypertension • muscle weakness • pulmonary infarction • decreased activity tolerance. 	all	<p>ADL, gait, therapeutic exercise,</p> <p>endurance training, patient education</p>	W	<p>Average number of treatments: 16</p> <p>Average duration of treatments: 2 months</p>

The first ten visits are not prior authorized. All treatments beyond the first ten visits require prior authorization. Add a "GO" modifier with the Q0086 code when billing for occupational therapy.

MYOSITIS

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> Pain decreased range of motion muscle weakness 	all	Therapeutic exercise	W	Average number of treatments: 15 Average duration of treatment: 4 weeks

NEURITIS OR NEURALGIA

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> Intense pain decreased range of motion weakness 	all	Patient and family education	W	Average number of treatments: 16 Average duration of treatments: 3-4 weeks

The first ten visits are not prior authorized. All treatments beyond the first ten visits require prior authorization. Add a "GO" modifier with the Q0086 code when billing for occupational therapy.

NEURODEVELOPMENTAL DEFICIT

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> • Cerebral palsy, • birth trauma, • high risk infancy • birth anoxia, • developmental delay • spasticity • hypotonia • hypertonia • decreased range of motion • gait deviation • muscular weakness • joint instability • impaired cognitive function • athetosis • ataxia • genetic syndromes • chromosomes abnormality 	all	Neurodevelopmental therapy. kinesthetic treatment, therapeutic exercise, supervised hydrotherapy must be related to treatment goals, bracing, splinting, ADLs, gait training, mobility training, gross and fine motor skills, coordination, cognitive training, adaptive equipment training.	W	<p>Average number of treatments: 50- 100</p> <p>Average duration of treatments: 12 months to 3 years on going.</p> <p>Emphasis on achieving independence in gait, ADL's, mobility skills, instruction to parent and patient, progression of treatments related to neuro - developmental maturation and advancement.</p> <p>Initial treatment: Intensive (approximately two weeks), then reducing frequency</p> <p>Deformity (ROM-contractures-gait disturbances etc) as muscles don't keep up with bony growth. New equipment needs ADL;s as child grows.</p> <p>After each surgical intervention-therapy needs to be more intensive then reduced - this is on going.</p> <p>With cerebral palsy therapy <u>prevents</u> further deformity and is chronic in nature</p>

PARAPLEGIA AND QUADRIPLEGIA

The first ten visits are not prior authorized. All treatments beyond the first ten visits require prior authorization. Add a "GO" modifier with the Q0086 code when billing for occupational therapy.

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> Limited range of motion osteoporosis decubiti kidney disease malnutrition bladder and kidney stones 	all	Therapeutic exercise, ADL, gait training, ultra-violet light, supervised hydrotherapy must be related to treatment goals, bracing, tilt table, home environment evaluation, equipment fitting and measurement (wheelchair, bath)	W	<p>Average number of treatments: 48</p> <p>Acute rehabilitation after initial diagnosis Emphasis on instruction and teaching by the physical therapist to establish independence.</p>

PARKINSON'S DISEASE

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> Limited range of motion muscular weakness gait and posture problems pain decubiti 	all	Therapeutic exercise, ROM, gait training, supervised hydrotherapy must be related to treatment goals, bracing, tilt table, home environment evaluation, equipment fitting and measurement (wheelchair, bath)	W	<p>Average number of treatments: 16</p> <p>Duration of treatments: 1-2 months</p>

The first ten visits are not prior authorized. All treatments beyond the first ten visits require prior authorization. Add a "GO" modifier with the Q0086 code when billing for occupational therapy.

PERIPHERAL NERVE INJURIES

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> • Edema • pain • muscular weakness • atrophy • contracture 	all	Bracing, therapeutic exercises	W	<p>Average number of treatments: 20</p> <p>Average duration of treatments: 2 months</p> <p>Emphasis on instruction and teaching by the therapist to establish independence. This disease may be manifested in an acute or chronic syndrome.</p>

RECONSTRUCTIVE HAND SURGERY

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> • Arthritis • pain • decreased motion, • muscular weakness • edema • infection • tendonitis 	all	Splinting, therapeutic exercise	W	<p>Average number of treatments 36</p> <p>Average duration of treatments: 3 months</p>

The first ten visits are not prior authorized. All treatments beyond the first ten visits require prior authorization. Add a "GO" modifier with the Q0086 code when billing for occupational therapy.

SCLERODERMA

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> • Ulcers • decreased ROM • osteoporosis • arthritis • poor circulation 	all	Therapeutic exercise, gait training, ADL activities, supervised pool therapy must be related to treatment goals.	W	<p>Average number of treatments: 24</p> <p>Average duration of treatments: 2 months</p>

SYRINGOMYELIA

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> • Muscular weakness • diminished sensation 	all	Therapeutic exercise, gait training, ADL	W	<p>Average number of treatments: 30</p> <p>Average duration of treatments: 7 months</p> <p>Therapy should be directed toward program construction and supervision</p>

The first ten visits are not prior authorized. All treatments beyond the first ten visits require prior authorization. Add a "GO" modifier with the Q0086 code when billing for occupational therapy.

THROMBOPHLEBITIS

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> • Ulcers • muscular weakness • edema • pain • hemorrhaging • decreased range of motion • amputation 	all	Supervised whirlpool must be related to treatment goals, Beurger Allen exercise, therapeutic exercise, equipment measurement, compression stockings or equipment, intermittent mechanical compression, gait training.	W	Average number of treatments: 4-10 Average duration of treatments: 2 weeks

TOTAL KNEE (FIRST TIME AND REVISION)

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	PA	COMMENTS
Q0086	<ul style="list-style-type: none"> • Decreased range of motion • pain • vascular insufficiency • muscle weakness 	all	Therapeutic exercise	W	Average number of treatments: 20 Average duration of treatments: 6 weeks <u>Knee Revision</u> Average number of treatments: 36 Average duration of treatments: 2 months

The first ten visits are not prior authorized. All treatments beyond the first ten visits require prior authorization. Add a "GO" modifier with the Q0086 code when billing for occupational therapy.

VARICOSE ULCER

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
Q0086	<ul style="list-style-type: none"> Amputation peripheral vascular disease pain 	all	Therapeutic exercises, bandaging, and debridement, gait training, prosthetic training.	W	<p>Average number of treatments: 10</p> <p>Duration of treatments: 6 weeks</p>